

# ALASKA STATE LEGISLATURE



REPRESENTATIVE LES GARA

## You Can Make a Difference in a Child's Life

There is nothing better for a child, and to improve their chances at a successful life, than a loving home. The number of children in foster care, often with no responsible adult in their lives, has increased dramatically over the last few years. Today more than 2,800 Alaskan children are currently waiting for permanent, loving homes. Without enough foster and adoptive parents youth bounce between homes rather than living in a stable, loving home, which is the goal of foster care - to stop the instability and get youth into a permanent loving home with strong parents.

**Adopt a Foster Child - The Main Goal in Foster Care Is to get youth into a permanent, loving home.**

- If you are interested in adopting, contact Alaska Center for Resource Families at 279-1799.

**Foster a Child - and provide a needed loving, stable home**

- Alaska has a major shortage of licensed foster care parents, which results in youth bouncing between homes. YOU can make a big difference. **Contact:** Alaska Center for Resource Families

**Mentor a Foster Youth Through Big Brothers/Sisters**

- Mentors help guide and support foster older youth so they have a responsible adult to help them into successful adulthood. The Sync Program helps match foster youth with adults who care. Male mentors are in high demand. **Contact:** Sharon Pruszko, Sync Program Coordinator, Big Brothers, Big Sisters [Sharon.pruszko@bbbsak.org](mailto:Sharon.pruszko@bbbsak.org) or 433-4691.

**Donate a Laptop - Laptops for Foster Youth**

- Have a GOOD spare laptop lying around? New laptops and donations to buy laptops are also welcome. Having a laptop allows a child to do homework, stay in touch with friends, and store family photos. This small gesture helps provide continuity for a youth as they move through homes.
- Laptops should be in good working shape (not slow!), with word processing capabilities and Wi-Fi connectivity. Although you should remove all sensitive documents, volunteers are available to clear the laptops prior to being matched with a youth.  
**Contact:** Rep. Les Gara's Office at 269-0106, or Amanda Metivier, Facing Foster Care in Alaska, [facing\\_fostercare@yahoo.com](mailto:facing_fostercare@yahoo.com) or 230-8237.

**Foster Wear**

- If you are a business owner, consider participating in the Foster Wear program. Foster Wear provides discounts on quality, new clothing for foster youth (participants include REI, Army Navy, AC Stores, among others). **Contact:** Yuri Miller, Office of Children's Services, 451-5075.

**For more information about how you can help, contact Rep. Les Gara at 269-0106 or [rep.les.gara@akleg.gov](mailto:rep.les.gara@akleg.gov).**